Herbalist Practice Course

COSTA RICA

PROGRAM

ALQUIMIA HEALING ARTS

HERBALISM

- Introduction to Herbalism and Holism
- Biology and Physiology of Plants
- Ecology and Biodiversity
- Herbal Techniques and Manipulation of Plant Material
- Spiritual Work and Dialogue with Plants
- Phytochemicals and Research
- Ecological Consciousness in Herbalism
- Ethnobotany
- Aromatherapy and Distillation
- Medicinal Mushrooms & Mycotherapy

PRACTICAL WORKSHOPS

- Natural Soap-making
- Herbal Remedies collection, preparation and storage
- Forest trips & Identification
- Cacao Preparation and Ceremonies
- Salves, Balms and Creams
- Traditional Herbal Remedies
- Traditional Tinctures
- Essential oils preparation
- Medicinal Mushrooms and Elixirs praparations

ALQUIMIA HEALING ARTS
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WWW.ALQUIMIAHEALINGARTS.COM

CERTIFICATION

At the end of the Course you will receive the official certification issued by CMA, the Complementary Medical Association.

TEACHERS

- Elisa Fusi, molecular biologist, writer and herbal medicine practitioner, expert in ethnobotany. Director at Alquimia.

- Davide Daviel Giannotti, professional sound therapist, music producer and visionary artist involved in several projects around the world. Resident at Alquimia.