

Herbalism Diploma Course

PROGRAM



ALQUIMIA HEALING ARTS



HERBALISM

- Introduction to Herbalism and Holism
- Biology and Physiology of Plants
- Ecology and Biodiversity
- Herbal Techniques and Manipulation of Plant Material
- Spiritual Work and Dialogue with Plants
- Phytochemicals and Research
- Nutrition and Nutraceuticals
- Ecological Consciousness in Herbalism
- Ethnobotany
- Aromatherapy and Distillation
- Medicinal Mushrooms & Mycotherapy



PRACTICAL WORKSHOPS

- Natural Soap-making
- Herbal Remedies collection, preparation and storage
- Forest trips & Identification
- Cacao Preparation and Ceremonies
- Salves, Balms and Creams
- Traditional Herbal Remedies
- Traditional Tinctures
- Essential oils preparation
- Medicinal Mushrooms and Elixirs preparations



FINAL EXAM

At the end of the Course a test and a short essay will be submitted in order to achieve the Diploma.

TEACHERS

- Elisa Fusi, molecular biologist, writer and herbalist, expert on shamanism and ethnobotany. Director at Alquimia.
- Davide Daviel Giannotti, professional sound therapist, music producer and visionary artist involved in several projects around the world. Resident at Alquimia.