

Herbalism Diploma Course

PROGRAM



ALQUIMIA HEALING ARTS




HERBALISM

- Introduction to Herbalism and Holism
- Biology and Physiology of Plants
- Ecology and Biodiversity
- Herbal Techniques and Manipulation of Plant Material
- Spiritual Work and Dialogue with Plants
- Phytochemicals and Research
- Nutrition and Nutraceuticals
- Ecological Consciousness in Herbalism
- Ethnobotany
- Aromatherapy
- Medicinal Mushrooms & Mycotherapy



PRACTICAL WORKSHOPS

- Natural Soap-making
 - Herbal Remedies collection, preparation and storage
 - Forest trips & Identification
 - Cacao Preparation and Meditation
 - Salves, Balms and Creams
 - Traditional Herbal Remedies
 - Traditional Tinctures
 - Medicinal Mushrooms and Elixirs preparations
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FINAL EXAM

At the end of the Course a test and a short essay will be submitted in order to achieve the Diploma.

TEACHERS

- Elisa Fusi, molecular biologist, writer and herbalist, expert on shamanism and ethnobotany. Director at Alquimia.
 - Davide Daviel Giannotti, professional sound therapist, music producer and visionary artist involved in several projects around the world. Resident at Alquimia.
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