

PNEI TRAINING

PSYCHONEUROENDOCRINOIMMUNOLOGY
FOR THERAPISTS

PROGRAM

WEBINARS & CLASSES

2021-ALQUIMIA HEALING ARTS

OVERVIEW

THE ROLE OF PSYCHOSOMATIC MEDICINE IN THERAPIES

PSYCHONEUROENDOCRINOIMMUNOLOGY OR PNEI, WHICH WAS FIRST DESCRIBED IN 1936, IS THE STUDY OF THE INTERACTIONS BETWEEN THE PSYCHE, EMOTIONS, NEURAL AND ENDOCRINE FUNCTIONS AND IMMUNE RESPONSES.

AIM

THE AIM OF PNEI IS TO APPLY MEDICAL KNOWLEDGE TO THE TREATMENT OF DIFFERENT ALLERGIC, IMMUNE, AUTOIMMUNE, RHEUMATIC, NEOPLASTIC, ENDOCRINE, CARDIOVASCULAR AND DENTAL PATHOLOGIES, AMONG OTHER DISORDERS. PSYCHOSOMATIC MEDICINE IS A VALUABLE TOOL FOR ALL HOLISTIC THERAPISTS IN THEIR PRACTICE.

CONTENT

YOU WILL LEARN STEP BY STEP HOW TO INCORPORATE PSYCHOSOMATIC MEDICINE IN EXISTING THERAPY MODELS. DURING THE CYCLE OF SEMINARS YOU WILL BE PRESENTED WITH SEVERAL PRACTICAL CASES WITH AN INTERACTIVE MODALITY OF LEARNING.

The Program

8 CLASSES + 1 EXTRA CLASS

1st CLASS

Introduction to Psychosomatic Medicine
The Holistic Psychosomatic Model

2nd CLASS

Therapeutical aspects of PNEI
Biopsychosocial Approach

3rd CLASS

HPA Axis and Psychological aspects
Psychosomatic Mindfulness

4th CLASS

Neuropersonality
Biochemistry of the Psychosomatic Network

5th CLASS

Epigenetics
The Living Matrix and the Connective Tissue

6th CLASS

ANS and Mental Modulation
Emotions and the Body

7th CLASS

Immune, Endocrine, Neuropeptidic Systems
Pnei Counseling and Integration

8th CLASS

PNEI Therapies in Practice

CASE STUDIES & PREPARATION FOR THE TEST- 1 EXTRA CLASS

Upon Completion of the course, students will be presented with 3 case studies in order to deepen their practice. Lastly a short written test will be delivered for obtainment of the final Certificate.

Course Material

**9 VIDEO CLASSES/WEBINARS
14 PRESENTATIONS
20 BOOKS IN PDF/EXTRA READING
4 CASE STUDIES**

Recipients

**THE TRAINING IS ADDRESSED TO
THERAPISTS OF COMPLEMENTARY OR
CONVENTIONAL MEDICINE,
PSYCHOLOGISTS, BIOLOGISTS OR
INDIVIDUALS WITH A BASIC KNOWLEDGE OF
MEDICAL SCIENCES.**

Certificate

**THE CERTIFICATE OF ATTENDANCE WILL
ALLOW YOU TO APPLY THE ACQUIRED
KNOWLEDGE AND PROFESSIONAL SKILLS
GAINED DURING THE COURSE WITHIN YOUR
EXISTING FIELD OF STUDY/WORK.
IT WILL NOT SUBSTITUTE A DEGREE.**

FINAL EXAM

A short written test will be used to assess your knowledge. The test can be repeated up to 5 times.

Your Teacher

FUSI ELISA
Biologist, Herbal Medicine
Practitioner and certified PNEI
Practitioner

Elisa has dedicated more than a decade of study to Complementary Medicine and to the integration of several traditional practices for a more tailored approach to health and disease.

Certified as a PNEI Practitioner with an executive Master and a major in Pathophysiology, she gained field experience whilst working with shamans and healers worldwide and merging the symbolic and archetypal concepts in personalized therapeutic sessions.

She currently offers courses at Alquimia Healing Arts in Portugal where established an open herbal clinic.

**THE BODY IS A SYMBOL.
IT SHOWS US THE SECRET REALM
OF SUBTLE NEEDS AND
UNPERCEIVED REQUESTS OF THE
MENTAL-SPIRITUAL SPHERE.
WHEN THESE SIGNS ARE
MANIFESTED WE READ THE BODY AS
AN OPEN BOOK AND WE UNVEIL
THE MISTERY.**

REQUEST ORIENTATION
ALQUIMIA@MAIL.COM

Tutoring

DURING THE COURSE YOU CAN REQUEST PERSONAL TUTORING VIA EMAIL. FOR ANY DOUBT OR DIFFICULTY ENCOUNTERED YOU MAY ALSO REQUEST A VIDEO CHAT WITH YOUR TEACHER.

Professional Applications

DEPENDING ON YOUR PREVIOUS STUDIES/DEGREE YOU MAY PRACTICE PNEI THERAPIES WITH CLIENTS ACCORDINGLY TO YOUR COUNTRY REGULATIONS. IF YOU ARE A CERTIFIED HOLISTIC THERAPIST YOU HAVE THE FACULTY TO HELP YOUR CLIENTS WITH STRESS MANAGEMENT TECHNIQUES, TO ADVICE ON LIFESTYLE AND PHYSICAL/PSYCHOLOGICAL THERAPIES AND TO ACT IN A MULTIDICIPLINARY TEAM TO ASSESS THE STATE OF HEALTH.

PERSONAL APPLICATIONS

If not a therapist, you may take advantage of the knowledge and skills obtained during the course to improve your own state of health and rebalance the mind-body unit.

The scope of the course is to provide you with the ideal tools for self-growth and exploration plus health-literacy.

GOALS

YOU WILL BE ABLE TO:

- >>> IDENTIFY THE MAIN CONCEPTS OF PNEI
- >>> FIND CORRESPONDANCE BETWEEN EMOTIONAL CHARGE AND CERTAIN DISORDERS
- >>> ANALYSE THE QUALITY OF LIFE OF A PERSON
- >>> RECOGNISE THE ORGANIC SYMPTOMS CONNECTED TO PARTICULAR MENTAL STATES
- >>> SELECT THE PROPER THERAPY WITHIN THE PNEI SYSTEM
- >>> HELP A PERSON TO COPE WITH STRESS AND TO IMPROVE VITALITY
- >>> REFER TO OTHER PRACTITIONERS IN CASE OF NECESSITY
- >>> HIGHLIGHT THE MAIN SOCIAL AND PSYCHOLOGICAL FACTORS AFFECTING THE STATE OF HEALTH

YOU WILL NOT BE ALLOWED TO:

PRESCRIBE MEDICATIONS OR DIAGNOSE UNLESS YOU ARE A MEDICAL DOCTOR OR YOU HAVE A SPECIFIC LICENCE ALLOWING YOU TO DO IT IN YOUR COUNTRY.

Costs & Admissions

COURSE: 200 euros for the complete cycle of study

NO EXTRA FEES REQUIRED FOR TUTORING,
CERTIFICATION AND FINAL EXAM
NO HIDDEN COSTS

ENROLLMENT PROCESS: to purchase the course you can visit our page:

<http://alquimiahealingarts.com/product/pnei-training-full-course/>

Duration

NO LIMITS OF TIME
COMPLETELY ONLINE

YOU CAN PERMANENTLY ACCESS THE
COURSE MATERIAL AND STUDY AT YOUR OWN
PACE

CONTACTS

YOU CAN WRITE US:

ALQUIMIA@MAIL.COM

TO CONTACT DIRECTLY YOUR TEACHER:

ELISA.FUSI@MAIL.COM

THE FINAL EXAM SHOULD BE SENT TO:

ALQUIMIA@MAIL.COM

MORE ABOUT OUR COURSES AT:

WWW.ALQUIMIAHEALINGARTS.COM