

PNEI TRAINING

PSYCHONEUROENDOCRINOIMMUNOLOGY
FOR THERAPISTS

PROGRAM

SEMINARS & LECTURES

2021-ALQUIMIA HEALING ARTS

OVERVIEW

THE ROLE OF PSYCHOSOMATIC MEDICINE IN THERAPIES

PSYCHONEUROENDOCRINOIMMUNOLOGY OR PNEI, WHICH WAS FIRST DESCRIBED IN 1936, IS THE STUDY OF THE INTERACTIONS BETWEEN THE PSYCHE, EMOTIONS, NEURAL AND ENDOCRINE FUNCTIONS AND IMMUNE RESPONSES.

THE AIM OF PNEI IS TO APPLY MEDICAL KNOWLEDGE TO THE TREATMENT OF DIFFERENT ALLERGIC, IMMUNE, AUTOIMMUNE, RHEUMATIC, NEOPLASTIC, ENDOCRINE, CARDIOVASCULAR AND DENTAL PATHOLOGIES, AMONG OTHER DISORDERS. PSYCHOSOMATIC MEDICINE IS A VALUABLE TOOL FOR ALL HOLISTIC THERAPISTS IN THEIR PRACTICE.

SEMINARS ONLINE WITH PRACTICAL STUDIES

Our qualified PNEI Practitioner will teach you step by step how to incorporate Psychosomatic Medicine in existing therapy models. The complete cycle of online sessions will be delivered through Zoom in 2 consecutive days per session of 3 hours each for a total of 4 sessions + test (28hours, 9 days)

During the cycle of seminars students will be presented with several practical cases with an interactive modality of learning.

OVERVIEW

PROFESSIONAL PROFILE

A PNEI PRACTITIONER IS DEDICATED TO THE ANALYSIS OF EXTERNAL AND INTERNAL STRESSORS INFLUENCING HUMAN DISORDERS. THE CORE OF PNEI IS INTERDISCIPLINARY AND INTEGRATIVE WITH A STRONG HOLISTIC APPROACH.

PNEI INTRODUCES TRADITIONAL PRACTICES LIKE MEDITATION AND BREATHWORK AND MORE MODERN TECHNOLOGIES LIKE NEUROFEEDBACK INTO THE THERAPEUTICAL COUNSELING.

OBJECTIVES AND BENEFITS

The work in the field of psychoneuroimmunology is expanding the understanding of how psychosocial factors can protect or damage our health.

Any health professional or individual would benefit from this advanced research, applying the PNEI practice in a clinical setting or in daily life.

Different levels of study are available in order to gain deeper knowledge in the field.

The Program

1ST ONLINE SESSION-6 HOURS

2 days- November
Introduction to Psychosomatic Medicine
The Holistic Psychosomatic Model
Therapeutical aspects of PNEI

2ND ONLINE SESSION-6 HOURS

2 days- November
HPA Axis and Psychological aspects
Psychosomatic Mindfulness
Neuropersonality
Biochemistry of the Psychosomatic Network

3RD ONLINE SESSION-6 HOURS

2 days- November
Epigenetics
The Living Matrix and the Connective Tissue
ANS and Mental Modulation
Emotions and the Body

4TH ONLINE SESSION-6 HOURS

2 days- November
Immune, Endocrine, Neuropeptidic Systems
Pnei Counseling and Integration
PNEI Therapies in Practice

CASE STUDIES & TEST- 4 HOURS

1 day December
Upon Completion of the 4 sessions, students will be presented with 3 case studies in order to deepen their practice. Lastly a short written test will be delivered for obtainment of the final Certificate.

Costs & Admissions

EACH SESSION IS DIVIDED IN 2 DAYS FOR A 6-HOUR OF VIDEO CONFERENCES PLUS CROSS TALKS

In each session students will join live video seminars with the possibility to intervene and interact. Limited Spots are offered in order to work with small groups.

Upon completion of each session, students will receive the educational material in pdf format, the recording of the video conference, textbooks and a Certificate of Attendance with the subjects studied.

COSTS: 35 euros per session

CUMULATIVE SESSIONS: 260 euros for the complete cycle (4 sessions plus final test and case studies for a total of 28 hrs)

ENROLLMENT PROCESS: to book your training you can visit our page:

THE TRAINING IS ADDRESSED TO THERAPISTS OF COMPLEMENTARY OR CONVENTIONAL MEDICINE, PSYCHOLOGISTS, BIOLOGISTS OR INDIVIDUALS WITH A BASIC KNOWLEDGE OF MEDICAL SCIENCES

**REQUEST ORIENTATION
ALQUIMIA@MAIL.COM**

Your Teacher

FUSI ELISA **Biologist, certified PNEI** **Practitioner**

Elisa has dedicated more than a decade of study to Complementary Medicine and to the integration of several traditional practices for a more tailored approach to health and disease.

Certified as a PNEI Practitioner with an executive Master and a major in Pathophysiology, she gained field experience whilst working with shamans and healers worldwide and merging the symbolic and archetypal concepts in personalized therapeutic sessions.

She currently offers courses at Alquimia Healing Arts in Portugal where established an open herbal clinic.

**THE BODY IS A SYMBOL.
IT SHOWS US THE SECRET REALM
OF SUBTLE NEEDS AND
UNPERCEIVED REQUESTS OF THE
MENTAL-SPIRITUAL SPHERE.
WHEN THESE SIGNS ARE
MANIFESTED WE READ THE BODY AS
AN OPEN BOOK AND WE UNVEIL
THE MISTERY.**

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