


Alquimia

Centre of Healing Arts



Holistic Therapies

Mayan Neurosacral Massage

The ancient wisdom of the Mayan reflexology helps to unblock conditioning and fears.

Shamanic Massage

A ceremonial massage based on inner visualization and the attunement with the receiver. An ancient technique including plant essences and special oils.

Sahumerios and Sweatlodge

Vapours of aromatic plants along with sacred smudging inside a traditional sauna within a ceremony of purification. Rainforest water is used to heat the rocks inside the sweatlodge to recreate a powerful healing and restore the full being. Inhalations of specific medicinal plants are offered during the ritual along with chants and drumming.

Medicinal Plant Bath

From the tradition of elders and herbalists, this bath is a strong revitalizing therapy for receiving the essence and fragrance of specific plants picked and prepared in a ritualistic way. This is considered a cleansing bath to be made at night or just before a ceremony.

Specials



Dream Therapy

A 3-day exploration of the oniric realm along with workshops, ceremonies, practical work, lucid dreaming, aromatherapy and plant therapy.

Tabaco Purge

A traditional cleansing ceremony with the use of sacred Tobacco.



Phytotherapy

Tailor Made Herbal Diet & Advice

This consultation allows you to create the right balance and to restore your being through food as a medicine.

Herbal Diet Detox

The physical cleanse allows you to regain the lost balance through the suitable diet with plants.

(A detailed program is available on request)